

CWU Datasheet

Template created by KCPHD

Instructions: Please provide a brief summary of progress made for each activity below for the CURRENT REPORTING QUARTER.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Provide licensed and unlicensed staff support	Both individual and group clinical supervision was provided to graduate students throughout this reporting period. The Clinical Director and the practicum teacher are both Licensed Mental Health Counselors (LMHC) in the state of Washington.	Both Individual and group clinical supervision was provided to graduate students throughout this reporting period. The Clinical Director and the practicum teacher are both Licensed Mental Health Counselors (LMHC) in the state of Washington.	During July and August the only provider in the community clinic was the clinic director. Individual and group supervision resumed with the Master's in Mental Health Counseling graduate students in the month of September. The clinic director and the Internship and Practicum Coordinator are both Licensed Mental Health Counselors (LMHC) in the state of Washington. This quarter we also added Dr. Meaghan Nolte, Associate Professor and program coordinator for the Master's in Mental Health Counseling program as a supervisor.					
Offer mental health counseling services to youth and their families in Kittitas County	Mental Health counseling services were performed with youth, families and adults during this reporting period. The CWU Community Counseling Clinic Received 192 (potential) referrals for possible engagement in counseling services. These potetial referrals came from many different sources which include but not limited to: "Handle with Care from the Ellensburg Police Department, schools/school counselors, parents, guardians, CPS, Kittitas County Juvenile Court Services, individuals themselves and ESD 105. For each of these potential referrals, the clinic continues to reach out and offer services by phone and/or a letter describing our counseling services and supports available to them. Biopsychosocial Assessments, Individual therapy and family therapy modalities were utilized. Currently there are 69 open clients at the time of writing this report.	Mental health counseling services were performed with youth, families and adults during this reporting period. The CWU Community Counseling Clinic received 145 (potential) referrals for possible engagement in counseling services. These potential referrals came from many different sources which include but are not limited to: "Handle with Care from the Ellensburg Police Department, schools/school counselors, parents, guardians, CPS, Kittitas County Juvenile Court Services, individuals themselves and ESD 105. For each of these potential referrals, the clinic continues to reach out and offer services by phone and/or letter describing our counseling services and supports available to them. Biopsychosocial Assessments, Individual Therapy and family therapy modalities were utilized. Currently there are 43 open clients at the time of writing this report.	Mental health counseling services continued to be performed with youth, families and adults during this reporting period. The CWU Community Counseling Clinic received 109 (potential) referrals for possible engagement in counseling services. These potential referrals came from many different sources (listed in previous quarterly reports). For each of these potential referrals, the clinic continues to reach out and offer services by phone and/or our clinic flyer that describes our counseling services and supports available to anyone who resides in Kittitas County. Biopsychosocial assessments, individual therapy and family therapy modalities were utilized. At the end of the quarter (September) there were 35 open clients.					

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Train and oversee its graduate students providing services	There continues to be individual and group clinical supervision with graduate students within the Community Counseling Clinic. As we experienced a greater number of community members seeking mental health services we were able to assign the graduate students up to 3 clients each. This helped to expand access to mental health services for the community and helps in the number of hours in training for the graduate students.	There continues to be individual and group clinical supervision with graduate students within the Community Counseling Clinic. Graduate students and the clinic director continued to meet with individuals and families throughout this quarter. Graduate students were able to fulfill their required hours for the practicum through this quarter because of the number of clients served.	There continues to be individual and group clinical supervision with graduate students within the CWU Community Counseling Clinic. The clinic director continued to meet with individuals and families throughout this quarter. There were no graduate students in the clinic over the summer months. Graduate students returned to campus the fourth week in September and began their orientation to clinic processes, paperwork and training. They began providing services the first week of October.					
Provide adequate facilities at CWU's Community Counseling Clinic	The Community Counseling Clinic has available 5 dedicated parking spots and has 19 rooms that are available and can be utilized for counseling services that are maintained by CWU. The University has also provided that when we have more than 5 families here at a time and all our dedicated parking spots are taken we do have "overflow" parking slips that are used with CWU permission. We also utilize and maintain a crisis/emergency notification system within the clinic in each of the therapy rooms. This can be utilized if graduate students/therapists need immediate help within a therapy room during the course of a session.	The Community Counseling Clinic continues to have available 5 dedicated parking spots in addition to "overflow" parking available when needed. We continue to utilize the available 19 rooms to meet with clients and families that the University maintains. We also use and maintain a crisis/emergency notification system within the clinic in each of the therapy rooms. This can be utilized if graduate students/therapists need immediate help within a therapy room during the course of a session.	The CWU Community Counseling Clinic continues to have available 5 dedicated parking spots in addition to "overflow" parking available when needed. We continue to utilize the available 19 rooms to meet with clients and families that the University maintains. We also use and maintain a crisis/emergency notification system within the clinic in each of the therapy rooms. This can be utilized if graduate students/therapists need immediate help within a therapy room during the course of a session.					

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Materials and supplies, including but not limited to surveys, books, and manuals	Over this quarter supplies in the way of therapeutic books and work books were purchased. The Community Clinic also provided many parent, client informational articles throughout this reporting quarter. There were 10 parent surveys completed this quarter. There were 17 client surveys completed during this quarter as well. All surveys reflected that the "problems/concerns that prompted them coming to the counseling clinic" were better with 1 parent survey reflecting "better and also "the same" for some of the areas the individual came into services for.	There were 22 client surveys completed in this quarter. There were 15 parent surveys completed this quarter. All but 5 surveys (client and parent) reflected that the "problems/concerns that prompted them coming to the counseling clinic" were better. There were 2 client survey's reflecting "sometimes better and sometimes worse ("due to behavior") and 1 client survey reflecting "same" for the areas the individual came into services for. There were 2 parent surveys reflecting "same" for the areas the individual came into services for. There was one parent survey that reflected things were "better" with an additional comment that things are "up and down" and "services are wonderful and appreciate the help". We continued to provide parents and clients with informational articles on a wide range of topics throughout this quarter.	Supplies were ordered this quarter for the community clinic by way of therapeutic work books, books, worksheets for clients related to anxiety, flexible thinking and anger. We continued to provide parent and client informational articles throughout this quarter on a variety of topics. The CWU Community Counseling Clinic also ordered 6 more laptops this quarter for use within the clinic which brings the total to 12 laptops. There were 29 client surveys completed within this quarter. There were 19 parent surveys completed this quarter. Of those there were 3 parent surveys that reflected "problems/concerns that prompted them coming to the counseling clinic" were "the same". There were 2 parent surveys that reflected "sometimes better and sometimes the same". The length of services on these 5 surveys were within the first 1-2 months of services being offered the client/family. For the client surveys there was one survey that reflected "the same", one survey that reflected "sometimes better and sometimes the same" and one survey that reflected "better" "mostly". All other surveys for both clients and parents reflected that the problems/concerns that prompted coming to counseling services at the clinic were					
Provide and maintain a HIPAA compliant healthcare portal	The Community Counseling Clinic continues to use Titanium as the HIPAA compliant electronic medical record. Within this EMR we are able to document the clinical activities we offer and provide here at the CWU Community Counseling Clinic.	The Community Counseling Clinic continues to use Titanium as the HIPAA compliant electronic medical record. Within this EMR we are able to document the clinical activities we offer and provide here at the CWU Community Counseling Clinic.	The Community Counseling Clinic continues to use Titanium as the HIPAA compliant electronic medical record. Within this EMR we are able to document the clinical activities we offer and provide here at the CWU Community Counseling Clinic.					

CWU Successes

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Instructions: Please provide a brief summary of successes you've seen during the CURRENT REPORTING PERIOD.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
The clinic director continued to engage in meetings with several different community partners.	The clinic director continued to engage in meeting with several different community partners. The Community Clinic participated in the Community Connect Day and provided a "family time" themed raffle basket for the event.	The clinic director continued to engage in meeting with several different community partners during this quarter. It was well received that the clinic would be expanding services to include adults as well as children and families.					
During this reporting quarter individuals/families were able to get into services quickly and we continue to not have a wait list for services here at the community clinic.	During this quarter individuals/families were able to get into services quickly and we continue to not have a wait list for services here at the Community Clinic.	The CWU Community Counseling Clinic did not have a wait list for getting into services during this quarter. Individuals and families were able to get into services quickly and without a wait.					
All individuals engaged in mental health counseling have an established treatment plan identifying a problem list, long and short term goals and staff interventions. We continue to assess for safety/suicide/suicidal ideation during every Biopsychosocial Assessment using the CSSRS and then a safety plan is established if indicated. We assess for trauma at every intake. We utilize CBT here in the Community Clinic. We use standard assessments to track symptoms and progress during treatment.	We had our second cohort of second year school psychology graduate students meet their practicum hours within the clinic delivering mental health services and many of these went over their required number of hours and graduated in June. We were able to train the Masters in Mental Health Counseling graduate students in suicide risk assessment and how to complete a safety plan this quarter in preparation for them seeing clients for two quarters this next school year (Fall 2026 and Winter 2027).	During this quarter we welcomed the first group of second year Master's in Mental Health Counseling graduate students. We re-trained to the suicide assessment screener and the safety plan we use here in the clinic, biopsychosocial assessment (intake), treatment plans, etc.. We reviewed the processes used within the Community Clinic and readied them for providing services to individuals seeking mental health counseling services.					
	We had the most clients and families served so far in the clinic with 75 unique individuals served over the quarter. The Community Clinic Director had the highest case load since the program started with 60 at one point in this quarter.	We ordered 6 more laptops to use within the Community Clinic					
All 13 graduate students were able to meet and exceed their number of required hours in counseling for their practicum this quarter due to the amount of referrals we had coming into the clinic during this reporting period.	We continue to reach out to all potential referrals, describing and offering services and support. We continue to complete a Biopsychosocial Assessment and treatment planning for everyone who presents for intake and continues services. There was good coordination of care with other treatment providers within the community over the quarter for clients-- talking with juvenile probation services, school counselors, teacher's, medical providers, designated crisis responders and CPS.	We continue to reach out to all potential referrals that we receive here in the Community Clinic.					

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
		There continues to be coordination of care between community partners and when needed/requested services are provided outside the office. During this quarter individual therapy services were delivered at Morgan Middle School.					

CWU Challenges

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Instructions: Please provide a brief summary of challenges you've seen during the CURRENT REPORTING PERIOD.

Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027
Challenges for this quarter would include: inquiries into HIPPA compliant, affordable, University supported telehealth opportunities. We are continuing to explore options for implementing telehealth services in the future here in the community clinic.	We are continuing to explore telehealth opportunities.	We are continuing to explore telehealth opportunities for the Community Clinic.					
The other challenge and disappointment was finding that the off-site office that we were hoping to use to offer services in the upper valley came with a monthly rental fee.		We are continuing to explore alternative funding sources for the Community Clinic.					
		There was a decrease in referrals and completed intakes over the summer.					

CWU Output Data

Template created by KCPHD

Instructions: Please provide updated numerical data for each of the following outputs for THE CURRENT QUARTER. Please do not use a year to date count.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Q1 2027	Q2 2027	Q3 2027	Q4 2027	Total to date	Average
a. Number of unique individuals receiving or participating in evidence-based behavioral health-related services as a result of the grant	69	75	51						195	65
b. Number of unique individuals screened for behavioral health or related interventions	52	29	15						96	32
c1. Number of unique individuals accessing services after referral	40	22	9						71	23.66666667
c2. Percentage of unique individuals accessing services after referral	76.92%	75.86%	60.00%							70.93%
d. Number of unique individuals referred to crisis or other behavioral health services for suicide risk, ideation, or behavior	4	1	1						6	2
e. Number of unique individuals trained in suicide risk assessment as a result of the grant	13	21	9						43	14.33333333
f. Number of unique individuals screened for suicide ideation as a result of the grant	52	29	15						96	32
g. Number of unique individuals screened for trauma-related experiences as a result of the grant	52	29	15						96	32
h. Number of unique individuals trained in prevention or behavioral health promotion	13	13	7						33	11
i. Number of unique individuals trained in trauma-informed care practices	13	13	7						33	11